



NeuroMuscular
Centre

Fundraising for NeuroMuscular Centre

Get Involved



There are lots of ways to get involved and support our work!

You'll find plenty of tips, ideas, and advice in our handy fundraising pack.

Contact Us



www.nmcentre.com



fundraising@nmcentre.com



01606 861 733



About the NeuroMuscular Centre

NeuroMuscular Centre is a charity based in Winsford, Cheshire, providing essential services and specialist advice for people and families affected by a neuromuscular condition across the UK and beyond.

We provide services that the NHS does not, including regular physiotherapy, training and development courses, young person support, specialist advice, and our ConnectUp social programmes, all of which support the physical and mental health of our community. Many of our staff have a neuromuscular condition, and we're proud to enable people to lead fulfilling and productive lives.

We rely totally on the kindness of people like yourselves to continue our work, the cost of which is over £1.2 million a year.

We are also home to NMC Design+Print, a bustling social enterprise offering creative graphic design and a range of professional printing services, all with an added serving of social value.



Amy's Story

“The NMC is a place where I feel like I belong and that we are not alone, even in lockdown and throughout the pandemic so far.



Working in a team where everyone is accepted, and the focus is on ability not disability is truly something to be treasured. Without the NMC I honestly don't think I'd still be here. I've struggled a lot with mental health in the past and the NMC has given me the support, confidence, purpose and social side of things that I desperately needed.

The NMC is a vital part of so many people's lives, including mine, it brings people together and puts a smile on the faces of hundreds of people, which is especially important during these difficult times”



Fundraising Ideas



Raffle

Ask for prizes and then sell some tickets! The prizes could always be used for a tombola instead.

Quiz Night

Get family and friends together! Charge individuals or teams to enter.



Exercise Challenge

A dance-a-thon, run, cycle – any kind of exercise to be sponsored for!

Skydive

Fancy yourself as a bit of a daredevil? Give a skydive or bungee jump a go!



Bake Sale

Get cracking in the kitchen. Try new recipes or stick to family favourites.

Ugly Jumper Day

Everyone pays a small amount to enter, the ugliest jumper wins a prize!



Football Tournament

Get a group together for some football fun and ask for donations.

For more fundraising ideas, check out our A-Z at:
www.nmcentre.com/community-fundraising

Fundraising Top Tips!

Safety Check

Ask your local council for guidance about licenses for any event you plan to run, and make sure to do a risk assessment.

Online Fundraising Pages

JustGiving is a great platform for collecting donations and automatically sends us the cash – meaning you don't have to worry about getting it to us!

Make It Personal

People are much more likely to donate if you tell them why you have chosen to support us, and the difference funds will make.

Matched Funding

Many employers offer matched funding, which can provide a fantastic top up to your fundraising total and help you to smash your target!

Say Thank You

Everyone likes to feel appreciated, so thank everyone for their support and tell them how much you raised.

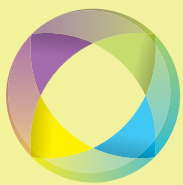
Share!

Share on Facebook, WhatsApp, Twitter, email, everywhere you can think of! Who can help you raise awareness?

Be Patient

25% of donations come in post event, so don't forget to give your fundraising a push afterwards too.

For advice on setting up a JustGiving page, visit our website at www.nmcentre.com/community-fundraising



NeuroMuscular Centre Sponsorship Form

If I have ticked the box headed 'Gift Aid? v', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the NeuroMuscular Centre (NMC) to reclaim tax on my donation and any donations I make in the future or have made in the past 4 years. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Name: _____ Contact: _____

Event name: _____

Event date: __ / __ / __

Fundraising target: Remember: Full name + Home Address + Postcode + = giftaid

| Full Name | Contact Number | Email | Home Address | Postcode | Amount £ | Gift Aid ✓ | Paid ✓ |
|-----------|----------------|-------|--------------|----------|-------------|---------------|-----------|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |

NeuroMuscular Centre provides a range of essential services and specialist advice for people and families affected by neuromuscular conditions. There's no other Centre like us in the UK or Europe!
We rely totally on the kindness of people like yourselves to continue our work, the cost of which is over £1.2 million a year.
We are also home to NMC Design+Print, a bustling social enterprise offering creative graphic design and a range of professional printing services, all with an added serving of social value.

How to return your sponsorship money:

- Online via www.justgiving.com/nmcentre
- By phone on 01606 861 733
- By post with a cheque made payable to 'NeuroMuscular Centre'

Please post cheques to:
Fundraising, NeuroMuscular Centre, Woodford Lane West, Winsford, CW7 4EH.

| Full Name | Contact Number | Email | Home Address | Postcode | Amount £ | Gift Aid ✓ | Paid ✓ |
|-----------|----------------|-------|--------------|----------|-------------|---------------|-----------|
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |
| | | | | | | | |



NeuroMuscular Centre

Registered Charity 1023606

Woodford Lane West Winsford Cheshire CW7 4EH

fundraising@nmcentre.com
Fundraising Tel: 01606 861733

Thank you
for your support!



NeuroMuscular
Centre

Thank you for supporting NeuroMuscular Centre!

With your help, we can support people and families
affected by neuromuscular conditions.

Get in Touch

Please get in touch with
our fundraising team, we'd
love to hear from you and
support you however we
can with your fundraising
activities!



Contact Details

fundraising@nmcentre.com
www.nmcentre.com
01606 861 733
Charity No: 1023606

NeuroMuscular Centre
Woodford Lane West
Winsford, Cheshire
CW7 4EH