

Duke of Edinburgh Profile - Amy



Hi, my name is Amy. I'm 19 and I've signed up to complete my Silver Duke of Edinburgh Award with the NMC. I'm so privileged to be able to have this opportunity to learn new skills, improve confidence and take part in new adventures all because of the amazing NMC!

For the volunteering section I've chosen to help out at my local library with the children's activities and general library duties on Saturdays for 6 months.

For my skill section I'm managing the NMC tuck shop for 6 months. I go shopping for the stock, refill the trolley and count the money made from the tuck shop.

For my physical section I've decided to have a go at skiing as I've never done it before. I've had a few lessons of sit skiing with DSUK at the chill factor with some more to come. I have also gone to Poland for a week, sit skiing, with active therapy. It's safe to say I love sit skiing!

Lastly, I can't wait to take part in the expedition section (both practice and real) because it's a brilliant chance to try something new and have loads of fun on the way. :-)