



# A-Z of Fundraising Ideas!



Help us to provide our range of unique services and specialist advice to people with neuromuscular conditions and their families.

## A

### Arts & Crafts

If you've got a skill to share, get crafting and sell your goods!

## B

### Birthday Bash

If you have a birthday coming up (or any other special occasion) you could ask your guests to donate rather than bringing a gift.

## B



## C

### Cake Sale

A timeless classic!

## C

## D

### Disco

Get the music pumping and dance the night away, you could charge entry and have a dance off competition!

## E

### Exercise

An exercise challenge is always a great way to fundraise! You could set your own target and travel any way you choose.



## F

### Football Tournament

Get a group together for some football fun and ask for donations.



## F



## G

### Game Raising

Are you into Monopoly, Risk, or Cluedo? Hold a tournament and charge entry, then split the pot between the winner and NMC! Board games not your thing? Hold a game-athon and livestream it.

## G

## H

### Head Shave

Get sponsored to shave your head! If you're not keen on going the whole hog, you could dye your hair a crazy colour instead.

## I

### 'I'm a Celeb'

Feeling brave? Conquer your fears with your own bushtucker trial challenges!

## J

### Jumble Sale

One person's trash is another one's treasure! Have a clear out and sell your clutter on sites like eBay, Music Magpie, or Ziffit and donate the funds.

## J

## K

### Karaoke

Rent a karaoke machine and hold an event in your local pub. Sell tickets and have a prize for the best (or worst!) singer.

## K

## L

### Ladies Night

A fancy sit down dinner, canapes and cocktails, or an afternoon tea, get your friends together for an evening of food and fun!



## Murder Mystery

Whodunnit? Take part in our murder mystery challenge or design your own.

M

## Non-Uniform Day

Easy peasy! Everyone gives a small donation to wear their own clothes. Don't have a uniform? What about a casual Friday, or even better, a fancy dress day?

N

## Obstacle Course

There are lots of obstacle courses and inflatable events across the UK, you could sign up and raise funds for NMC!

O

## Quiz

A quiz is a great way to fundraise! Get your friends and family together and charge a small fee for each team to enter.

Q

## Pub Fun Day

Get your local pub involved and put on a fab fun day. You can charge an entry fee and donate the profits.

P

## Raffle

Ask for prizes and then sell some tickets! The prizes could always be used for a tombola instead.



R

## Skydive

Fancy throwing yourself out of plane? Do it for NMC! If a skydive is a bit high for you, consider a bungee jump or a zip wire.



S

## Treasure Hunt

Create a treasure hunt with clues and challenges, and charge per entrant.

T

## University Challenge

Let teams go head-to-head in a battle of wits and brains.

U

## Variety Night

Host a variety or talent show and give your friends and family time in the spotlight!



V

## World Record Attempt

There are plenty to choose from and it's a great way to get the press involved too!

W

## Xmas Fayre

With lots of Christmas markets around, you'll be spoilt for choice of where to go! Sell homemade crafts, cakes, or gifts and split the money made with the NMC.

X

## Year of Fundraising

A fundraiser doesn't need to be short and sweet! You could set yourself a challenge across a year or do something little every day.

Y

## Zumbathon

Dance your way to your fundraising target!



Z

Do you have questions or want to chat through ideas?

Contact Fundraising at [fundraising@nmcentre.com](mailto:fundraising@nmcentre.com) or call 01606 861 733